

UNITY

Published monthly:	Price £4.00 per year or 40p per copy
Copy & Small Ads by:	Mid-day on 13th of each month (7th December for January's edition)
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Advertisements:	Rose Campbell-Crocker Email: unity2magazine@btinternet.com Please make cheques payable to: Unity Magazine
Distribution:	Briony Falch Bryony Cottage, Christow. Tel: 01647 252887 Anne Cronin Little Orchard, Bridford. Tel: 01647 252446

TEIGN VALLEY CHURCHES

Priest-in-Charge:	Rev'd Ruth Frampton	01647 253164
Licensed Readers:	Mr. Brian Inwood	01647 252519
Churchwardens:	St John the Baptist, Ashton	
	St Thomas Becket, Bridford	
	Francis Leversedge	01647 252180
	St James, Christow	
	Adrian Canvin	01647 253040
	Michelle Keen	01647 253197
Churches' Administrator :	Steve Cook	01392 832332 tvhchurches@gmail.com

WEEKLY EVENTS

BRIDFORD VILLAGE HALL

Tuesday	Stefacise	10.00 -11.00am	Stephanie	07709 346428
Wednesday	Scouts (Term Time)	7.00 – 9.00 pm	Paul French	01647 252721
Thursday	Beaver Scouts	5.15 – 6.30 pm	Paul French	01647 252721
(Term Time)	Cub Scouts	6.30 – 8.00 pm	Paul French	01647 252721
Friday	Fencing	8-9pm Adults	Lynne	01647 253588

CHRISTOW TEIGN VALLEY COMMUNITY HALL

Monday	Yoga	7.00 - 8.30 pm	Jan	01626 853236
Tuesday	Table Tennis	2.30 - 4.00 pm	Richard/Jane	01647 252653
	Country Club	5.45 - 7.00 pm	Sue	01647 252731
	Acorn(every other)	10 am - 12 noon	Donna	01647 252701
	TV Dance Academy	4 pm - 6.15 pm	Bernie	01626 854435
Wednesday	Pilates	7.00 - 8.00 pm	Abi	01647 252174
	Bowls	7.30 - 10.30 pm	Derek	01647 252064
Thursday	Breast feeding	10.30 am-12.30pm	Sally Longstaff	07973 928007
	Badminton	7.30 - 10.00 pm	Derek/Chris	01647 252064
Friday		Free for weddings/ parties etc. from 5.00pm		
Saturday/Sunday		Free for weddings/ parties etc		
Sunday	Bowls	7.00 – 10.00 pm	Derek/Chris	01647 252064

TVCH Bookings : 0845 3883607 or mail: tvch@btinternet.com

CHRISTOW TVCH CAR PARK

Saturdays	Running	8.30 am	For venue details check Diary on www.teignvalleyrunningclub.co.uk
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TEIGN VALLEY AND HALDON HILL MISSION COMMUNITY

The Teign Valley and Haldon Hill Mission Community includes the parishes of Ashton, Bridford, Christow, Doddiscombsleigh, Dunchideock and Dunsford.

Rev'd Ruth Frampton (Priest-in-Charge) can be contacted on **01647 253164** or **tvhrectory@yahoo.com**. Her day off is Thursday.

“The times they are a-changin’” – so sang Bob Dylan and he was certainly right! Last month saw our whole pattern of life change; everything is held in a state of suspended animation while we wait for the next news bulletin. All our planned meetings and events in April were postponed and none of us has any idea when we can start planning again. It is an unsettling and worrying time, particularly for those who are vulnerable and isolated, home alone. It is a deeply anxious time for those whose livelihoods and futures are at risk. And for many throughout the world it is a time of unutterable grief for the loss of loved ones who cannot properly be mourned.

As I write, our churches remain closed because social distancing is essential to protect lives; many people are self-isolating or shielding because they are vulnerable. The fabric of society throughout the nation is being rewoven to an earlier pattern as the importance of local community is being rediscovered. Our rural villages here in the Teign Valley *are* strong communities and it has been heart-warming to see and hear how people are volunteering and looking out for each other.

In these uncertain times we *do* have anchors which hold us fast and offer hope. After the suffering of Holy Week, we celebrated the Resurrection of Our Lord Jesus Christ at Easter; tears gave way to joy. This month, in May, we rejoin the disciples and follow a similar path from fear to joy. The disciples rejoiced to have Jesus with them again, transformed but still their companion, eating with them and preparing them for when he must depart this world; we remember Jesus's return to the Father on the Feast of the Ascension, Thurs 21 May.

But without their leader the disciples retreated in fear again, terrified of reprisals by the authorities. They hid in an upper room and prayed for the gift of the Holy Spirit, as Jesus had instructed them. At Pentecost, which we celebrate on 31 May, they received the Spirit in tongues of fire which so inflamed their hearts with love that they went out into the street bursting with the Good News of Jesus for the whole world.

The Church asks us to join an international wave of prayer from **21 to 31 May**, *Thy Kingdom Come*, to pray for the gift of the Holy Spirit, the giver and sustainer of life and love. Our need of the Spirit has rarely been greater. Check out the website **<https://www.thykingdomcome.global>** for a wealth of prayer resources and ideas.

And let us continue to join together by phone every Sunday at 10am, worshipping God in a community of hearts and voices. There is also a telephone service of evening prayer on Wednesdays at 6pm. For details of how to join, please see the “News” page.

Come, creator Spirit, source of life;
sustain us when our hearts are heavy
and our wells have run dry,
for you are the Father's gift,
with him who is our living water,
Jesus Christ our Lord.

Pastoral Care

If you would like, or know someone who would be glad of, a call or “virtual” visit from Rev'd Ruth Frampton, or another member of the church community, please contact the rectory (contact details above), or the Churches' Administrator (see *Getting in touch...* below).

Coronavirus

In the light of the Government guidance, the Church of England has said that all churches are to close to help prevent the spread of coronavirus.

We are, however, holding regular services by telephone – at 10am, each Sunday morning, and a service of evening prayer at 6pm each Wednesday evening. You do not need internet access, but simply a landline or mobile telephone. Between 5 and 10 minutes before the service begins, please dial **0333 011 0616** and enter the code **334 7721** when asked. You will also be asked to give your name. The cost of the call is the standard cost for any 01, 02 or 03 number, but will vary according to your telephone contract. It may well be covered by your “inclusive” minutes, or by free evening or weekend calls, but you are advised to check.

If you are anxious about the current situation, or would like prayer or pastoral support (e.g. because of illness or bereavement), please do not hesitate to contact Rev'd Ruth Frampton or the Churches' Administrator (Steve Cook) – contact details above and below.

There is a separate notice elsewhere in the magazine giving details of how the churches are working together with local parish councils and others to co-ordinate shopping, collect medication etc for those who need to “self-isolate” or who can't leave their homes.

Annual Parochial Church Meetings (APCMs)

These have all been postponed until the Autumn.

Getting in touch...

In the current situation, no baptisms, weddings or other services are taking place in church, but if you wish to discuss plans for a postponed or future baptism/christening, banns of marriage, wedding, interment of ashes or memorial service, or have any other enquiry, please contact Steve Cook, the Churches' Administrator, on **01392 832332** or email **tvhchurches@gmail.com**

EDITORIAL

In these unprecedented times, when the best and the worst in people is much in evidence, here is a poem by Robert Frost:

The Courage to be New by Robert Frost

I hear the world reciting
The mistakes of ancient men,
The brutality and fighting
They will never have again.

Heartbroken and disabled
In body and in mind
They renew talk of the fabled
Federation of Mankind.

But they're blessed with the acumen
To suspect the human trait
Was not the basest human
That made them militate.

They will tell you more as soon as
You tell them what to do.
With their ever breaking newness
And their courage to be new.

Rose Campbell-Crocker

ASHTON

COVID-19 - Ashton will have **JOHN MAY** as **co-ordinator** and he can be contacted easily on **252212**. Please do contact him if you know of anything or anyone who would benefit from support in the weeks and months to come.

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I have read recently , from a very reliable source , that the last time we had no Easter services across the nation was in 1213 - when Pope Innocent laid an interdict on England that there should be no clergy led church services during this most important event in the church calendar . There must have been times when, during plague years and wars, that the church and clergy would be massively affected but this breakdown of the norms of church and social life across the nation and globally are so much beyond our imagination. We have the amazing technical expertise to see and speak at distance; do business and keep in touch and to partake in services **BUT** - and such a big but - we are all missing the warmth which comes with human interaction; the keeping of distances is so alien to us. I was very struck while standing in the supermarket queue, waiting to enter and to do mine and other people's shopping, that there was no banter, hardly any communication at all. The distance was physical, the body language dreary and the silence was immense – as if a strange cloud had enveloped us. Empty streets remind us of the aftermath of disasters but the fabric is untouched – like Sleeping Beauty castles just waiting for the right actions to bring it all back to life.

What that life will look like who can tell. As rural dwellers we will see the seasons passing as always; our neighbours may become even more familiar to us. We have always relied more on each other at times of crisis in the countryside, with essential services not at hand for us and now, more than ever, we are looking out for the ones who may need more support. One can only hope that life for those in the towns and cities will have followed this example. The Thursday clapping on one's doorstep means you see and recognise your neighbours on the other side of your street. You may now have time to actually speak, before only having glimpsed them rushing off the work;. It would be nice to feel the world will be a kinder place.

Ashton Church will be waiting, having witnessed yet another amazing time in its long history and looking forward to welcoming better times .

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Reminder that the local organisers for **ASHTON SUPPORT** are **JOHN MAY 252212 & GILLIAN MANN 253 567**.

BRIDFORD

BRIDFORD PARISH COUNCIL

Not very much to report this month while we are in the current lockdown situation.

The Government has officially temporarily removed the legal requirement for local authorities to hold public meetings in person and new laws have been passed enabling local authorities in England to hold meetings virtually, by using video or telephone conferencing technology, meaning that all Councils, from Devon County down to the Parish Councils can continue to meet. Individual Councils will decide when and how they are going to do this. Details and the agenda for such a meeting for Bridford Parish Council will be found on the Bridford website as and when a meeting is arranged.

The Parish Council would like to remind everyone that the equipment in the Play Park is temporarily out of bounds until such time that the Coronavirus restrictions are lifted, although it is permissible to walk in the grounds observing the 'social distancing' rules.

BRIDFORD TRUST

TED CLAPTON - A STALWART OF THE BRIDFORD TRUST

I've just received the sad news that Ted Clapton, a founder member and a dedicated supporter of the Bridford Trust, passed away on Saturday. I'm sure all of you who knew Ted will remember his cheerful and optimistic outlook on life, his boundless drive and energy to tackle things and his pleasant and friendly manner. He played a major role in setting up the Trust and in the acquisition of the Woodland Park, and was an enthusiastic and energetic work party volunteer. Last winter we finished building the final bridge in the round of replacements. The bridge is on the lower path in Rowdon Valley Wood and crosses over a small stream. This little stream was actually "discovered" by Ted who single mindedly cleared all the undergrowth that had obscured it for many years – (a bit like the Lost Gardens of Heligan!). As a result it has always subsequently been known as Clapton's Brook; - and always will be. A fitting tribute.

Thank you Ted for your significant contribution to the Trust and to the community of Bridford, and, not least, for being such a lovely chap. We'll miss you **David Price.**

BRIDFORD CHURCH CORONAVIRUS HOME SUPPORT

Thank you to everyone who volunteered to help. The response was amazing. We have not been asked for a lot of help so far - probably because everyone has good neighbours to support them. The offer of help is there for everyone, so if you need ANYTHING please telephone Kathy on **01647252515** or email Tessa at **tessaderby@gmail.com**

BRIDFORD WIVES, CHAT IN, CRIB

Due to the coronavirus these are cancelled until further notice.

BRIDFORD VILLAGE CRICKET CLUB

As I write this I should be watching the opening weekend of the county championship, but due to the current situation the cricket season has been postponed. This also goes for The Brides' own season. By now we should have been in the nets perfecting our batting and bowling, the ground should be cut and rolled, all ready for our 1st match on Wednesday 22nd April. This is looking less likely to happen.

Not only does this mean we miss out on playing the game we love but we are also going to miss the social side of cricket, Match Teas and a post match pint in the pub.

We are also likely to suffer a loss of income, most of the money we make comes from match fees and subs. These are used to cover maintenance and fuel for the mowers, insurance, match balls and other running costs. We are always thankful for donations made by our main sponsor, The Bridford Inn, and Vice presidents of the club.

Last season we welcomed a large number of new players to the club, and we are always looking for new and returning players to join The Brides.

If you are interested in playing cricket, or would like to become a vice-president, then please get in touch. We are a proper village cricket club and only play friendly matches; this doesn't mean we don't play to win but ultimately it's the taking part that counts. Please look after yourselves, and we look forward to seeing you at the nursery ground once this is over. **Martyn Walker, Club Secretary - mwalker1811@googlemail.com**

BRIDFORD WI

In common with everyone else, we at Bridford WI have had to either cancel or postpone the many interesting events we had planned for the next couple of months. However, we are pleased to have been able to re-arrange Alex Leger and he will now come to our **November** meeting to tell us what it was like working on the famous “Blue Peter” programme. Our May meeting should have been our AGM but this will also now take place later in the year. Best wishes to everyone.

BRIDFORD VILLAGE HALL

Bridford Village Hall Draw - April

1st £25 - No. 259 Fran Laughharne

2nd £15 - No. 78 Sam Clunie

3rd £10 - No. 46 Karen Genski

BRIDFORD TWINNING 2020

It is with great regret and sadness that due to the C-19 outbreak, we have had to cancel the visit that was planned for May/June. This is the first time in over 40 years that there has not been a twinning visit between the two communities. It is yet to be decided whether the visit will be rescheduled for later in the year or whether we just resume in 2021. Watch this space for more information.

Also, it is probably a wise idea to cancel the planned litter pick on Sunday 17th May. However, perhaps we could all remember to take a bag and gloves when we go out for our Boris Walks and collect litter from the hedgerows and road sides as we go along.

STOP PRESS:

It is also with great sadness that we hear of the recent death of the lovely Ted Clapton. Ted, along with his wife Annette, was a long-time supporter and enthusiastic participant of the Bridford/St Vaast Twinning. He will be sorely missed. Our thoughts and love are with Annette and the Clapton family. He was a true gentleman.

CHRISTOW

CHRISTOW PARISH COUNCIL NEWS

www.christowparishcouncil.gov.uk

Clerk : Carol Retallick 01364 661532 or email : clerk@christowparishcouncil.gov.uk

Coronavirus :

This does seem to be taking over every part of our lives at the moment. We are updating our website constantly with current information which is relevant to our community and to make it easier to find a new page called Coronavirus has been added that is full of advice and information to help you get through the lock down.

Covid - 19 Prompt Action Fund:

The council has been successful in acquiring funding from DCC to reimburse our volunteers for expenses acquired. If you wish to claim fuel costs from the collection of food or prescriptions for vulnerable people within the community please complete the claim form and submit it to the clerk. The claim form is available either through the website or contact the clerk directly at clerk@christowparishcouncil.gov.uk or call **01364 661532**.

During these unprecedented times if you are worried about a child or adults safety, please take a note of these telephone numbers:-

Domestic and Sexual Violence and Abuse

If you are in immediate danger call 999 now

For independent confidential advice call:

Devon's domestic abuse helpline 0345 155 1074

Rape crisis helpline 0808 802 9999

Annual Parish Meeting

Sadly this has been cancelled due to the Coronavirus outbreak. The Parish Council however is still working for the community and, if you do have a matter of concern, the councillors contact details are available from the parish council website.

Report a Highways Problem

If you notice a defect on or near the highway no need to wait for the next council meeting.

Please report it directly to DCC via their website or use the link

<https://new.devon.gov.uk/roadsandtransport/report-a-problem/>

The next meeting of the Council is to be confirmed - more details from previous meeting Minutes and Agendas can be found at www.christowparishcouncil.gov.uk.

CHRISTOW COMMUNITY LAND TRUST

New permissive footpath created in Christow

There have been exciting developments with the Christow Community Land Trust project to create a permissive footpath off Wood Lane.

First, we are delighted to report that our application to the Dartmoor National Park 'Parishscapes' fund for over £3,000 towards the project costs was successful. This means we've been able to hire a mini-digger operator to do the necessary groundworks. We'll also be able to get some local experts to survey and record the wildlife species present on the 7-acre site.

AJ Orme was the successful bidder for the digger work and he has taken advantage of the dry weather to push ahead with levelling and grading the path through the site, the route having earlier been cleared of brushwood, overhanging branches and fallen trees by a team of hard-working CCLT volunteers.

The result is a fantastic new path, to be named 'Archers' Way', which loops through the site known as Steep Fields. The route runs east from the ruined cottages in Wood Lane along an old cart track, then zigzags steeply down through the naturally regenerated woodland towards Bowden Brook before emerging through a small meadow and back onto Wood Lane. New views have been opened up to the south, looking across the recreation field and down the Teign Valley. There is an abundance of wildlife to see and hear: birds, butterflies, early wild flowers and native tree species coming into leaf.

The Archer family goes back a long time in Christow—at least 500 years. Brothers Tom and Sam are the last members of the family now resident here but they want the Archer name to live on in the village through the footpath that they have generously allowed to run through their land. CCLT director, Christow Parish Council chair and landowner Tom said, 'The family is well known for always having been very active in looking after the best interests of the village. This permissive footpath will ensure that this legacy continues to benefit our community for generations to come.'

The official opening of the path will be later in the year but you are welcome to explore it sooner if you wish—social distancing of course. As it is bird nesting season please stick to the path and keep dogs under control . **Corony Edwards, CCLT Chair**

CHRISTOW WI

Hello ladies of the WI. I think it goes without saying that our meeting in May will be cancelled and unfortunately, we have had to cancel our very popular plant sale. Although we cannot meet face to face at this time we are keeping in touch by phone and social media. It is good to talk especially if you live alone. It is at times like these that we realise how fortunate we are to live in such a beautiful valley. No wonder people want to come here on holiday. We have gardens to enjoy, the sounds and sights of nature on our doorstep to listen to and friends and neighbours who truly care about us. I think a vote of thanks should go out to all the truly wonderful local businesses who are going above and beyond to make sure both our selves and our animals are fed, and our gardens keep growing. We thank you and salute you all. Until we meet again in person, stay home, keep well and keep safe.
For more information contact Lyn our secretary **01647 253295**. **Anne Rice**

MOBILE LIBRARY VAN

MOBILE LIBRARY: *CORONAVIRUS (Covid-19) UPDATE***

In line with the Prime Minister's speech on Monday 23rd March and to keep our staff, volunteers and customers safe and healthy, our physical sites in Devon will remain closed until further notice. We have also suspended our Devon Mobile Library Service and Home Library Service. For more information, please visit our **Coronavirus update page >**

The First Lines of Emails I've Received While Quarantining

In these uncertain times
as we navigate the new normal,
Are you willing to share your ideas and solutions?
As you know, many people are struggling.

I know you are up against it:
the digital landscape.
We share your concerns.
As you know, many people are struggling.

We hope this note finds you and your family safe.
We've never seen anything like this before.
Here are 25 Distance Learning Tips!
As you know, many people are struggling.

Feeling Fiesta today? Happy Taco Tuesday!
Calories don't count during a pandemic.
Grocers report flour shortages as more people are baking than ever!
As you know, many people are struggling.

Count your blessings. Share your blessings.
Get Free Curb-side pick up or ship to your house!
Chicken! Lemon! Artichokes!
As you know, many people are struggling.

How are you inspiring greatness today?
We have a cure for your cabin fever.
Pandemic dial-in town hall TONIGHT!
As you know, many people are struggling.

Mother's Day looks a little different this year.
You're invited to shop all jeans for 50% off!
Yes, buy 1, get 1 free!
As you know, many people are struggling.

Call us to discuss a loan extension without penalty.
ACT NOW: tell Congress Charters should Not Line their Pockets During the
COVID crisis.
Now shipping facemasks as recommended by the CDC.
As you know, many people are struggling.

This is not normal.

VALLEY NEWS AND VIEWS

MESSAGE FROM CLLR STEPHEN PURSER

I hope you are keeping well in these exceptional times. I would like to thank all those brave courageous people carrying out their work in a selfless way to keep us healthy, supplied with food and all the other services that we have tended to take for granted but now appreciate their value.

Thank you to all the local volunteers for assisting the vulnerable and self isolating.

Stay safe : **Cllr Stephen Purser**

TEIGN VALLEY PLAYEERS

The Teign Valley Players' 2020 production of 'Bye George' was scheduled for March but became a corona-casualty just a week before the curtains were due to open. After six months' preparation, we are still keen to put the show on, as and when allowed. Unfortunately our insurance did not cover us for losses, so when the world finally emerges we will need 'bums on seats' more than ever. We hope you'll be there and back us. Since forming in 2014, we have given more than £4,000 to good causes, of which there will now be no shortage. In the meantime, our resident playwright has turned his attentions to the next show, based on the life of Cynthia Payne, the infamous Madam known for her 'luncheon voucher' sex parties. She died in 2015. Her life was made into a film starring Julie Walters, but she always wanted it to form the basis of a musical. That moment may soon come. Is the Teign Valley ready for a musical set in a brothel? We'll just have to wait and see! **Stephen Oryszczuk.**

CORONAVIRUS MAY 2020 UPDATE

Coronavirus – help for those “self-isolating” who need shopping and/or medications collected

The situation with Coronavirus continues to change, so these arrangements may well have to be reviewed.

Government and NHS advice is available as follows:

NHS: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Government information: <https://www.gov.uk/government/publications/coronavirus-action-plan/coronavirus-action-plan-a-guide-to-what-you-can-expect-across-the-uk>

Teignbridge District Council:

<https://www.teignbridge.gov.uk/coronavirus-covid-19/coronavirus-help-and-advice/coronavirus-updates/>

Significant numbers of people in the valley are having to “self-isolate” or not leave their homes. The churches and other groups are working together to try and ensure that those who may need practical help with shopping, collecting medication etc in this situation can receive help if needed. Details are available at the following:

A Church Near You websites:

Ashton – <https://www.achurchnearyou.com/church/8766/page/53729/view/>

Bridford – <https://www.achurchnearyou.com/church/8767/page/53727/view/>

Christow – <https://www.achurchnearyou.com/church/8765/page/53726/view/>

Doddiscombsleigh – <https://www.achurchnearyou.com/church/8793/page/53728/view/>

Dunchideock – <https://www.achurchnearyou.com/church/8770/page/53671/view/>

Dunsford - <https://www.achurchnearyou.com/church/8792/page/53725/view/>

Christow website - <http://www.christowparishcouncil.gov.uk/>

Doddiscombsleigh website - <https://www.doddiscombsleigh.org/>

Dunchideock website - <https://www.dunchideock.org.uk>

Dunsford website - <http://www.dunsford-village.org.uk>

Mission Community Facebook page - <https://www.facebook.com/tvhhmc/>

Each village has a local co-ordinator to link up those offering to help with shopping and/or collecting medication with those who need some assistance. Arrangements are currently as follows:

Ashton: John May – T: 01647 252212 or E: johnmay1926@gmail.com

Bridford: Kathy Fitzjohn – T: 01647 252515 or
E: tessaderby@gmail.com

Christow: Phil Trotter – T: 01647 252874 or
E: phil.trotter1@btopenworld.com

Doddiscombsleigh: Elliott Fairs – T: 01647 253169 or
E: fairselliott@hotmail.com and
Toby Berry – T: 07764 547556 or
E: toby.berry@btinternet.com

Dunchideock: Steve Cook – T: 01392 832332 or E: tvhchurches@gmail.com

Dunsford: Karen Morris at The Shop – T: 01647 252330 or
E: dunsfordshop@gmail.com

DODDISCOMBSLEIGH CANCELLATIONS

A Concert by The Girl Choristers of Exeter Cathedral – Saturday 6th June

In light of the current restrictions on movement and suspension of all church services to restrict the spread of Covid 19, this event is sadly cancelled.

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Doddiscombsleigh Village Fete – Saturday 27th June 2020

Due to the current lockdown to contain the spread of Covid 19, the committee has made the decision to cancel the fete this year. We will make sure that next year's will bounce back bigger & better! #stayhomesavelives

BRIDFORD AND TEIGN VALLEY GARDEN CLUB

Just a reminder that the May and June visits are cancelled.

Don't forget to plant up your perennials for the Christow Show on **Saturday 15th August**, in the hope that it is held.

No doubt our gardens and vegetable plots will never look so good as they will this summer with all the attention they are receiving during lockdown!

Happy gardening and keep safe.

TEIGN VALLEY NURSERY

We are closed until further notice but are running a pre order and collect during a pre arranged time slot from our car park system. We are doing our best to deliver to our at risk customers. We have great selection of plants for summer and autumn colour and almost everything for the garden. Please send enquires to teignvalleynursery@gmail.com or call **01647252654**

COMMUNITY POLICEMAN

Our Community Policeman is Mark Easton and he can be contacted by email at mark.easton@devonandcornwall.pnn.police.uk or telephone 101 and leave a message.

ACORN COMMUNITY SUPPORT UPDATE

www.acorncommunitysupport.co.uk

We are pleased to confirm that over the last month, Acorn has, with our amazing group of volunteers, managed to restructure and adapt to the most unusual environment in which we find ourselves. Our clients are all being supported through a telephone befriending service and many of our volunteers are acting as shopping buddies for clients that are having to isolate. In addition, we have been working in collaboration with the Surgery to distribute medications to those who are over 70 years of age or having to isolate due to medical conditions. All the people who fall into these two categories have now been contacted. This has been an amazing turnaround for Acorn and, as Trustees, we would like to thank our existing volunteers who have been so adaptable and willing but also to thank the numerous new community volunteers who have contacted us with offers of help. It reinforces our view that we live in an amazing community where there is much compassion for others.

We would also like to welcome our new Office Manager, **Catherine Snatt**, who has started working for us in somewhat challenging conditions! Catherine has been amazing in rolling up her sleeves and getting stuck into whatever needs to be done so we are very grateful to her!

If you need our support then please do not hesitate to contact Acorn on **01647 252701** or email **office@acorncommunitysupport.co.uk**

In the meantime, please all stay safe and well!

Every time we turn our heads the other way when we see the law flouted, when we tolerate what we know to be wrong, when we close our eyes and ears to the corrupt, because we are too busy or too frightened, when we fail to speak up or speak out, we strike a blow against freedom, decency and justice.

Robert F.Kennedy.

Dartmoor National Park Authority Parish Update : Covid-19

DNPA continues to work locally with partners and nationally with Defra to respond to the coronavirus pandemic. We are using all channels available to promote and push messages and provide communities with support, advice and help.

The recent good weather, particularly over Easter, saw Dartmoor unusually quiet as people observed the UK Government's restrictions to limit the spread of the virus.

With restrictions now in place for another three weeks, it is hoped people will continue to do their bit and look after each by being 'home heroes'. We remain actively involved in discussions with local authority and government partners about our active involvement in ensuring communities, and our economy, get back onto a firm footing.

A dedicated page is on our **website** where you can find out more.

Covid-19 community support grant

Our Coronavirus Community Support Grant (CCSG) is providing valuable funding to organisations working in communities affected by the pandemic. The scheme offers grants of up to £500 to voluntary and community groups so they can tackle the social and economic impacts of the outbreak and help the most vulnerable. So far, the Authority has dealt with 17 applications and provided more than £7,000. This includes veg boxes for vulnerable people, protective equipment and clothing for delivery drivers, prescription home delivery to aid the vulnerable and an online arts platform.

Example of eligible projects/activities or items include:

- Support for vulnerable persons e.g. delivery of food and medicines and social support for people living alone (e.g. costs of phone calls)
- Project development costs e.g. printing of leaflets or developing online information
- Transport related initiatives focused on safe community responses to the pandemic
- Equipment necessary to support community based responses to the pandemic (e.g. necessary PPE)

Applications are accepted from constituted and not-for-private-profit voluntary, community and social enterprise (VCSE) sector groups and organisations, town/parish councils, charities or businesses, or a combination of such groups working together.

Groups, small local businesses and individuals without their own separate bank account may also apply, but they will need to have the support of a recognised organisation acting on their behalf as guarantor or as the holder of the funding.

Please share information with any community groups in your area so they can access financial support they need. Contact Dartmoor National Park Authority's Community Engagement Officer Emma Stockley by email: **estockley@dartmoor.gov.uk**

Management Plan consultation extended

Consultation on Dartmoor National Park Management Plan has been extended until **Sunday May 31**. People who care about Dartmoor National Park have extra time to get involved and comment on the emerging plan; a bold and ambitious partnership document ensuring Dartmoor is protected and enhanced in the future. The document describes for everyone what the main issues, priorities, opportunities and challenges are whilst encouraging everyone to work together to conserve and enhance the special qualities of Dartmoor National Park, for the benefit of all. It is a plan for the National Park as a whole and for people who live, work and visit it. The Authority, along with many other organisations and local communities, will play a crucial role in delivering it.

Get involved: People can have their say via a survey, along with the draft plan, **online**.

The draft plan has been prepared by DNPA on behalf of Dartmoor National Park. A range of organisations and communities of interest have been involved in developing it over the last 18 months. Please encourage your networks to share this information and take part.

New film tells story of Hound Tor medieval village

A new film exploring the history of a deserted English village has been released by Dartmoor National Park. ‘Medieval Houndtor: A Contested Landscape’ tells the story of Hound Tor Medieval village and celebrates the contribution pioneering female archaeologists made towards our understanding of Dartmoor’s heritage.

The film, available on Dartmoor National Park’s **YouTube** channel, explores the excavation of the abandoned site in the 1960s, led by Marie Minter, who sadly died a few years before results were published. As well as investigating the story of the dig, the film reveals documentary evidence surrounding the marching of 26 men on the ‘vill’ in the 1230s and the tumultuous 14th century; during which climatic change, the agrarian crisis of 1315-22 and the Black Death of 1348-9 all left their mark. With interviews, medieval and 1960s re-enactments, ‘Medieval Houndtor: A Contested Landscape’ was made possible with funding from the National Lottery Heritage Fund through the Moor than meets the eye landscape partnership scheme. It was filmed in autumn/winter 2019 with the cooperation and support of volunteers, experts and landowners/managers including Historic England and English Heritage.

Moor Otters rescheduled

The Covid-19 pandemic has meant we have needed to postpone Moor Otters 2020.

The public arts trail and associated events, which aims to raise £60,000 for conservation projects in the National Park, was to be launched on May 27 - World Otter Day.

The imperative need to protect the health and wellbeing of communities, ‘otter spotters’ and businesses, means Moor Otters has been rescheduled.

With the UK Government extending restrictions for another three weeks, we remain monitoring the situation and will announce a new date in due course once the strategy on unwinding restrictions becomes clearer. It is our hope the relaunch can support local business recovery and provide a much needed boost to tourism.

Moor Otters continues to be showcased via Dartmoor’s [website](#) and social media so people can admire the artists’ creativity and maintain their connection to Dartmoor. Follow Dartmoor National Park on [Facebook](#), [Twitter](#), [Instagram](#) and [YouTube](#).

- ❖ *Pamela Woods, Dartmoor National Park Authority Member:*
pamela.woods@dartmoor.gov.uk
- ❖ *Peter Harper, Dartmoor National Park Authority Member:* peter.harper@dartmoor.gov.uk

New 'I Love Water Project' at Trenchford Reservoir

Last autumn, the charity South West Lakes Trust (SWLT) received news it had been successful in securing a grant from The National Lottery Heritage Fund to run a two-year 'I Love Water' project focusing on water sustainability, match funded by South West Water. Working with South West Water, South West Lakes Trust will be working across the region aiming to engage young people with their environment and raise awareness of water usage to help realise the ambition to reduce household consumption from 143 litres per person per day to 128 litres per person per day by 2025. The project also links with the 25-year environment plan, set out by our government and will directly link to the goal of clean and plentiful water using resources from nature more sustainably.

The project will aim to conserve and improve habitats for wildlife living in and by the water whilst also highlighting the importance of using water wisely and why we must all play our part in reducing water usage across the southwest region.

To do this, over the 2 years, we will be delivering an exciting programme of reservoir taster days, school visits, and mini 4 week programmes for youth groups, themed family activity days in the school holidays, and practical volunteering days at six of our reservoirs: Siblyback, Burrator, Trenchford, Roadford, Wimbleball and Longham Lakes.

One of our main themes for the schools visits will be for pupils to become a 'scientist for the day', learning about the history of water supply and construction of the reservoir, treatment of water and how we can conserve it.

To help us do this I wondered if anyone might have some photos that show how the Trenchford area looked before the reservoir was built and during its construction, OR if you have any stories/memories of living around the area at that time that you would be willing to share.

Through my own experience working on the Burrator Historic and Environment Project, I found photos and oral history records were invaluable in bringing history to life, and helped pupils, and site visitors, understand how the area changed.

If you would like to find out more about the Project OR If you have something to lend me or have a story/memory in relation to Trenchford Reservoir you would be willing to share, I would love to hear from. Please e-mail Emily at: ECannon@swlakestrust.org.uk.

Wouldn't aubergines be a good idea?

Yes, we hear what you say. We're glad you raised that point. There are lots of aubergines. An endless supply.

When are we going to get the aubergines?

The aubergines are out there. It's a supply problem. There are more aubergines now than there ever have been.

We haven't had any aubergines yet.

But there are plenty and we are pledging more. More are on the way.

Still no aubergines here.

You've had plenty of aubergines.

We had six. But we ate them. We need more.

You're being a bit profligate with those aubergines. We don't have an endless supply.

You said you did.

You misunderstood, it's a different sort of endless. It's complicated.

We really need the aubergines now.

We sent some.

We got three, we need fifty.

Stop using them so quickly. Didn't you learn to share? We can't help it if you don't follow the rules.

What rules?

The new rules. We can't help it if you don't follow them.

We need aubergines and we need them now. People are dying.

Not according to our figures.

What figures? Show us the figures.

They aren't ready yet.

Are you actually counting?

Why are you making all this fuss?

Because more people will die if you don't give us some more f*****g aubergines.

There's no need to swear. Why are you getting so worked up about this?

Has the Prime Minister had an aubergine?

Yes, he made a speech thanking the aubergine growers, did you not see it?

Has his fiancée got an aubergine?

That is a matter of security.

Where are the aubergines? We need more.

We gave you some more already.

No. You didn't.

We pledge to give everyone an aubergine by Tuesday.

You did that before.

We need to talk about potatoes.

Don't change the f*****g subject - where are all the sodding aubergines; your daughter got an aubergine, didn't she?

There are lots of potatoes. It's a matter of supply.

Why didn't you plant any aubergines earlier?

But we're talking about potatoes now.

Yes but we're still waiting for the aubergines.

There are plenty of aubergines.

We will plant our own aubergines then. The allotment holders have pledged some and a nursery in Somerset had some.

That's the blitz spirit we can always depend on. It's what makes our plucky little country one to be proud of. By the way did you get the aubergines we sent?

They didn't arrive.

It's a supply problem. There are some potatoes!

CAMPAIGN TO PROTECT RURAL ENGLAND COMPETITION

Devon countryside charity's 2020 competitions provide a creative outlet for stay-at-home schoolchildren

The Devon branch of the **Campaign to Protect Rural England** hopes its 2020 art and writing competitions, open for entries from 18 May, will provide a creative outlet for primary schoolchildren across the county, many of whom are spending more time than usual indoors this spring because of the Coronavirus pandemic.

CPRE Devon's two children's competitions are a fun way to encourage youngsters to engage with the great outdoors, even if they themselves are stuck indoors! Children in Key Stages 1 and 2 are urged to use their imagination to create a piece of artwork or a short piece of writing evoking Devon's coast or countryside, or a favourite spot that's important to them. It could be a local park, a green space nearby, somewhere they have visited for a day out or even their own garden. The closing date for entries is 30 June 2020.

Last year the charity received fantastic entries from right across the county from girls and boys in KS1 and KS2, who had captured their favourite outdoor space on paper. Pencils, pens, paints and sticking paste were all put to use to create artworks which showed the beauty and variety of Devon's natural environment.

The competitions are simple to enter. A top prize will be awarded to individual children in each key stage, as well as to their school. All entrants will receive a CPRE Devon 'Barney the Bull' gift. The top entrants from each school will win a Devon Countryside Ambassador Badge and a framed certificate. Winning schools will receive a plaque and £200 to spend on outdoor learning as well as CPRE membership for a year.

A leaflet with full details of both competitions is available for teachers. CPRE Devon has also produced a fun postcard for the writing competition with space for children to say why they think it's important to protect Devon's countryside. It couldn't be simpler!

If your child would like to enter, contact **01392 966737** or **info@cpredevon.org.uk** or check out the website **cpredevon.org.uk**

Please note, this year the charity will be accepting entries **by email** to avoid people having to make unnecessary trips to a post office to send their artwork or writing.



**THURSDAYS 2:45pm -4:30pm
BRIDFORD VILLAGE HALL**

ONE person at a time : Business as usual

Slightly reduced hours during COVID19 pandemic, which enable us to get back in time for the Royal Mail collection at the main Branch.

Don't forget we are your local Bank Branch.

We can do Cash withdrawals, Balances and Cash & Cheque Deposits for all High Street Banks and many others.

We are also doing a Greetings Card service, so we can choose the card and post it off for you all over the phone, payment by Card.

Please call Chudleigh on **01626 852149** for more information.

Open in Chudleigh Mon-Fri 10am - 3pm & Sat 9am -12pm during current pandemic

CHERITON BISHOP & TEIGN VALLEY PRACTICE

CHERITON BISHOP & TEIGN VALLEY PRACTICE, CHERITON BISHOP. EX6 6JA

OPEN SURGERY: 8am to 9.30am Monday to Friday. Two doctors will be available each morning. No appointment necessary.

Cheriton Bishop Appointment Surgeries: mornings

Dr Hamilton	Monday	10.00am to 11.00am
Dr Hamilton	Thursday	8.30am to 11.00am
Dr Vaile	Monday/Thursday Wednesday	8.30am to 11.00am 10.00am to 10.50am
Dr Macadam	Tuesday am/ Thursday am Friday am	9.30am to 10.30am 9.30am to 10.30am
Practice Nurse	Mon/Wed	9.00am to 12.30pm
Practice Nurse	Friday	9.00am to 12noon
Health Care Assistant	Mon/Tues/Wed Thursday Friday	8.30am to 12.30pm 8.30am to 11.10am 8.30am to 11.30am

Cheriton Bishop Appointment Surgeries: afternoon

Dr Clunie	Monday	2.50pm to 5.10pm
Dr Macadam	Monday	2.40pm to 4.10pm
Dr Hamilton	Tuesday	2.50pm to 4.50pm
Dr Hayter/Dr Clunie	Tuesday (Alternate)	2.50pm to 4.50pm
Dr Macadam	Tuesday:shared training alternate weeks Dr Clunie/Dr Haytor	2.00pm to 5.10pm
Dr Vaile	Wednesday	2.30pm to 4.30pm
Dr Hayter	Friday	3.00pm to 4.30pm
Practice Nurse	Monday	2.00pm to 4.30pm
Practice Nurse	Tuesday	2.00pm to 6.50pm
Practice Nurse	Thursday	2.00pm to 5.30pm

Evening Surgery: Cheriton Bishop by appointment: On Tuesdays Dr Clunie and Dr Hayter .

Branch Surgery – Christow – by appointment only

Dr Hayter	Monday	8.20am to 10.20am
Dr Macadam	Monday	8.30am to 10.30am
Dr Hamilton	Tuesday	8.30am to 10.30am
Dr Clunie	Wednesday	2.30pm to 4.30pm
Dr Hayter	Thursday	3.00pm to 5.00pm
Dr Clunie	Friday	3.00pm to 4.30pm
Dr Macadam	Friday	3.00pm to 4.30pm
Practice Nurse	Tuesday	8.30am to 11.30am
Practice Nurse	Wednesday	2.00pm to 4.30pm
Practice Nurse	Thursday	2.00pm to 5.00pm
Practice Nurse	Friday	2.00pm to 5.00pm
Health Care Assistant	Monday/Tuesday	8.30am to 11.30am

To make an appointment for any surgery or speak to a doctor please ring **01647 24272** Monday to Friday between 8am and 6pm (except Bank or statutory holidays), **OUT OF HOURS: When the Surgery is closed and you need to speak to a doctor please ring 111. IN AN EMERGENCY TELEPHONE 999**

MORETONHAMPSTEAD SURGERY 01647 440591

Dr Sadie Penfold	Monday	08:30 - 11:30am
HCA Clinic – Paula	Monday	07:50 - 12:30pm
Dr Sadie Penfold	Monday	3:00 - 7:00pm
HCA Clinic – Paula	Monday	2:10 - 4:30pm
Practice Nurse	Monday	3:00 - 7:00pm
Dr Tom Waterfall	Tuesday	08:30 - 11:00am
Midwife – alt weeks	Tuesday	09:00 - 1:00pm
Dr Tom Waterfall	Tuesday	3:00 - 5:30pm / alt weeks 6:30 - 7:30pm
Practice Nurse	Tuesday	2:00 - 4:50pm
Health Visitor alt weeks	Tuesday	1:30 - 3:30pm
Dr Sadie Penfold	Wednesday	09:30 - 12:30pm
Dr Tom Waterfall	Wednesday	08:30 - 10:30am/ Manaton 11:30 - 12:30pm
Practice Nurse	Wednesday	08:30 - 12:00pm
Dr Tom Waterfall	Wednesday	3:30 - 5:30pm
Practice Nurse	Wednesday	2:00 - 4:50pm
Dr Sadie Penfold	Thursday	08:30 - 11:30am
Dr Tom Waterfall	Thursday	08:30 - 11:00am
Practice Nurse	Thursday	09:00 - 12:00pm
Nail Cutting Clinic	3 rd Thursday	09:00 - 12:00pm
Dr Sadie Penfold	Thursday	3:00 - 5:30pm
Dr Tom Waterfall	Friday	09:30 - 11:00am Drop in clinic
HCA Clinic – Paula	Friday	08:30 - 12:00pm
Dr Tom Waterfall	Friday	2:30 - 4:50pm

SOME USEFUL NUMBERS

S O C I A L

Teign Valley Community Hall	Bookings		0845 3883 607
Ashton Village Hall	Bookings	Philippa May	01647 252212
Bridford Village Hall	Bookings	Anne Cronin	01647 252446

S C H O O L S

Christow Community School	Head	Elise Redman	01647 252542
Christow Pre-School		Clare Knowles	01647 252542
Christow Babies & Toddler Group		Nicola Solly	01647252102
Doddiscombsleigh Primary School.	Head	Sophie Browse	01647 252253
Doddiscombsleigh Pre-School		Jo Stratton	01647 253695
Dunsford Primary School	Head	Ruth Alphey	01626 248797
Dunsford Nursery			01626 248797
Dunsford Babies and Toddlers		Frances Laugharne	07779 298883

P A R I S H & D I S T R I C T C O U N C I L S

Ashton	Parish Clerk	Gillian Mann	01647 253567
Bridford	Parish Clerk	Joan Banks	01647 252805
Christow	Parish Clerk	Carol Retallick	01364 661532
Central Devon	MP	Mel Stride	01392 823336
Teignbridge District Council		Stephen Purser	07765714397
		Terry Tume	07484731653
Devon County Council		Jerry Brook	07714233986
Devon County Council General Enquiry:	customer@devon.gov.uk		0345 5155101
Dartmoor National Park			01626 832093

U T I L I T I E S

South West Water	0800 378937
Western Power	0800 365900
Chudleigh Police	101

P O S T O F I C E S

Christow Post Office	01647 252844
Dunsford Post Office	01647 252330

G A R A G E S

Moor Park, Dunsford	01647 252458
Venn Park, Bridford	01647 252378

L O C A L S T O R E S

Christow Stores	01647 252844
Teign Valley Nursery	01647 252654
Bridford Inn Shop	01647252250

P U B S & R E S T A U R A N T S

Artichoke, Christow	01647 252387
Bridford Inn	01647 252250
Cridford Inn	01626 853694
Manor Inn, Ashton	01647 252304
Nobody Inn	01647 252394
Royal Oak, Dunsford	01647 252256
Teign House Inn	01647 252286
Walled Garden	01647 253338

Telephone Number for Moretonhampstead Hospital is: **01647 440217**

S MALL ADVERTISEMENTS - £1 PER ITEM PER MONTH

CLOTHING REPAIRS AND ALTERATIONS: Don't get rid of clothes, perhaps they can be rescued. I have a sewing machine, experience and time; bring your mending, up-dating and adapting; and let's see what can be achieved. Briony, **252887**, just below the church in Christow.

THE CRIDFORD INN. Come and enjoy a bottle of wine on us while enjoying a delicious meal. Become a VIP Member of The Cridford Inn, hear about our latest events, offers and more plus a complimentary bottle of wine on your next visit. **01626 853694**.

See details on www.thecridfordinn.co.uk

MUSICIANS: THE WAYWARD PYNES : A piano and close harmony male vocal duo often accompanied by 'The Whittlers', we perform live music from various eras and have an extensive repertoire suitable for all venues and occasions. For more information or to make a booking, contact us directly : Phone **01647 252539** or thewaywardpynes@gmail.com; You can also find us on YouTube via website or search for The Wayward Pynes Website:

<https://mrpjohnson4.wixsite.com/thewaywardpynes>.

Find us on Facebook: <https://www.facebook.com/moorsongs/>.

LOCAL MILK VENDING MACHINE NOW OPEN 24/7 Mount Boon Milk Co. Farm Fresh Free Range Milk. Slow pasteurised milk like it used to be- £1.10/litre. Re-usable glass bottles available to buy and re-use - £1.80 one off payment. Situated on B3212 just West of Longdown. **01392 811803**

SITUATIONS VACANT:

JOIN THE TEAM AT SHELDON: Varied roles in housekeeping and kitchen available, hours fixed or irregular, different levels of responsibility. If you are interested and have skills to offer we'd like to talk to you. **01647 252752** to make an appointment.

PART TIME WORK always available from 5 to 16 hours per week working with the local Butlermaids cleaning team. Top rates of pay, uniform & training provided call **(01392) 824868** in the first instance or e mail info@butlermaids.co.uk

NEDCare (North East Dartmoor Care) We continue to grow our care team and would love to hear from anyone interested in working with us. NEDCare offer top rates of pay, full training, great support and the best possible terms and conditions. We are a community owned social enterprise and proud to be putting people before profits. Please visit www.nedcare.org/jobs to see full details. Call **01647 279211** or email info@nedcare.org

WANTED:

STAMP COLLECTIONS, LARGE OR SMALL. I wish to buy all-world stamp collections. I am particularly interested in British stamps, British Empire and Commonwealth. Please ring me to discuss, or email me, or I can visit you if preferred, for a free, no obligation valuation. **Brian Cook. 01626 852552 or email sunderlandcook@btinternet.com**

WE ARE SEEKING A KIND AND ACTIVE DOG WALKER - family just moving to Christow with a baby boy, lively spaniel, full-time working dad, part-time working mum and a granny who looks after the babe but needs a helping hand with the dog! Please contact Hannah on **07557 342182**.

SALES:

FOR SALE: SEASONED HARDWOOD LOGS Link box load delivered in Christow and tipped on site. **£60.00.** Tel: John Edwards on 01647 **252331**

FOR SALE WINTER FUEL. Hot Max Clean Burn Fuel Logs, Local Kindling and Logs, Smokeless Homefire Ovals and Anthracite, House Coal and Paraffin. **TEIGN VALLEY NURSERY, Bridford 01647 252654 teignvalleynursery@gmail.com**

SPRING GARDENING AT TEIGN VALLEY NURSERY, Hedge Plants, Fruit and Ornamental Trees, Soft Fruit Bushes and Raspberry Canes. Seed Potatoes, Onion Sets, Shallots and Summer Flowering Bulbs arriving soon. Plenty of New Pots and Primroses and great Compost Multi buy offers. **01647 252654 teignvalleynursery@gmail.com**

FOR SALE: PENN FARM PORK Pork joints, gluten free sausages from traditionally reared pigs. Available at the Teign Valley Nurseries or from Penn Farm. Call us on **01647 253012. www.penn-farm.co.uk**

FOR SALE: DARTMOOR WOODCRAFT: Sustainable coppice products for sale-highest quality lumpwood barbecue charcoal, pea sticks, bean poles, hazel hurdles and cleft ash gates. Come to the woods for a charcoal or horse logging experience. John & Clare Williamson **01626 853125 : www.dartmoorwoodcraft.co.uk**

FOR SALE: WELL-ROTTED COW DUNG delivered and tipped on your site at Christow. Large grab - **£30.00.** John Edwards, Barne Farm, Christow. Tel: **01647 252331**

FOR SALE: ENJOY BEEF AT ITS BEST. BARNE BEEF - Long established family run farm of Teign Valley South Devon Suckler herd. Home bred and fed with no additives. Sympathetically butchered. Quality vacuum packs. Delivery to your door. Please ring John Edwards, Barne Farm **01647 252331**

GARDEN SERVICES :

ASHA RUDLAND / Grass, hedges, and odd jobs / Contact - 07551684917/ Covers the Teign valley only.

TREE SURGERY AND PLANTING : All aspects of tree and hedge work, all waste removed, planting of large trees, specimen shrubs and hedges a speciality. We are fully insured. Contact Russ at Blackberry Gardens on **01647 253637** or **0770 278 3805**. Email: **blackberrygardens@yahoo.co.uk** or find us on **www.blackberrygardens.co.uk**

LOOKING FOR A HARD WORKING GARDENER? Experienced in plant specific pruning, planting, hedge cutting, small tree work, mowing, clearance & other gardening work. Now taking bookings for autumn and winter. Please ring Rory **01647 252881**.

GARDEN DESIGN - JULIE BUSWELL. Plan now to enjoy our garden this summer. Professional garden and landscape designs, expert advice and plant supply. M.Sc. Landscape ecology and design. Contact **01647 252296** or email **julie@juliebuswell.co.uk** and visit my website **www.juliebuswell.co.uk**

JAMES GARDEN AND GROUNDS MAINTENANCE SERVICE. Grass/hedge cutting/strimming. Garden clearance and removal. Holiday let grounds care. Fence repairs and treatments. Shed erection/dismantling and removal. Insured, reliable and trustworthy service. Tel: **07918 103596 / 01647 252085**

TREWORKS: Jon Bairstow of Hawkmoor Lodge , Bovey Tracey , Devon . TQ13 9NN. All aspects of tree care, landscaping, woodchip and log supplies. Fully insured. Please call **01647 277544** or **07939525599** – **www.tree-works.com**

GARDEN & WOODLAND SERVICES: Strimming; brush cutting; hedge trimming; grasscutting; chainsawing; tree work; garden clearance; waste removal. Also light goods removals. Over 25 Years experience in locality; fully insured. Call **Toby** on **01647 252258**. Mobile **07483 802100**

ALL ASPECTS OF GARDEN AND COUNTRYSIDE SERVICES including: Lawn mowing, brush cutting, strimming, chainsawing and tree services, planting, herbicide spraying, vermin control. NPTC qualified and fully insured. Based in the Teign Valley. Call Joe on **07740 828405** : **www.dartmoorcountrysideservices.com**

HOUSE MAINTENANCE:

D R WRIGHT PROPERTY MAINTENANCE AND REPAIR. All aspects of repair, Interior and Exterior Decoration. 40 years experience general builder and master carpenter. Tel: Dave **07432 647859**

JOHN HODGSON PAINTING & DECORATING - PRESSURE WASHING - GENERAL HOUSE MAINTENANCE. Working in the Teign Valley for 25 years; internal and external painting; reliable and fully insured. Telephone for a free estimate on **01392 434437** or mobile **07952 199597**

DOMESTIC & COMMERCIAL WINDOW CLEANING: Cladding & fascias; Solar panels; Inside Windows, doors, frames & sills cleaned; inside service available; Quotes are free & available on request; Regular service 4 or 8 weeks or one off cleans available . Contact Darren Smale Mobile **07887 402462** Home **01647 61458** Or email **darren_smale@sky.com**. Find us on Facebook @ **DS Pure Clean Windows Cleaning**

PROFESSIONAL LOCAL TRADESMAN for all your maintenance needs including internal/external decoration; roof repairs and cleaning; UPVC fascias, windows and doors; All general building work. For a free no obligation quote call **01626 200785** or **07434 391537**. Email: **elitemaintenancecompany@gmail.com**

HOME SERVICES: Painting, decorating, general house maintenance, mowing, strimming, brush cutting, heavy clearance, light chainsaw work, hedge cutting. All work considered with reasonable rates. Satisfaction guaranteed. Tel: Andy **01647 253606**

MASTER THATCHER: Tony Ryder: Fully certified, all areas of thatching work undertaken from repairs and maintenance to complete re-thatch. Fire barriers and lead work. Free estimates and advice, local professional and reliable service. Tel: **01647 253377** email: **tonyryderthatcher@btinternet.com**

BEST CHIMNEY SWEEP COMPANY Est 1954: (*formerly* Mark Best Ltd) HETAS Approved Chimney Sweep. Brush and Vacuum; fully insured: Little Johns Cross Hill Exeter EX2 9PL Call Jonathan on **01392 254 120** (24 hour answer service) or e-mail **hello@bestchimneyclean.co.uk**

MASTER THATCHER Simon Hounsell: All aspects of thatching undertaken, re-thatching, ridging, new roofs, general and emergency repairs. Annual insurance inspections. Free advice and estimates. Tel: **01626 824578**

BOILER BREAKDOWN, SERVICE & REPAIRS - gas, LPG & oil.
Your local gas safe registered plumbing and heating engineer. Call Dan at Swift Property Solutions **01647 270137** or **07979156146**

DIRTBUSTERS CARPET & UPHOLSTERY CLEANERS: For all your Carpet & Upholstery cleaning requirements. Prices include Stain Treatment and Deodorizing Carpet Freshener. No hidden extra costs. Free estimates and advice. Tel: **01647 252990** - (24 hour Answering Service).

BEAUTY, HEALTH AND COMPLEMENTARY THERAPY:

MOBILE UNISEX HAIRSTYLIST, Hairdressing in the comfort of your home. Fully qualified in all aspects of hairdressing. Over 15 years experience. Special rates for retired and families. Phone Jo-Anne **01647 441196** Or **07962213087**.

GV PILATES : BASI QUALIFIED PILATES TEACHER / Small group and 1:1 matwork sessions / Home visits available / Mats and equipment supplied / For bookings and enquiries **georgiavaines@icloud.com** / Further details can be found on facebook **www.facebook.com/georgiavainespilates**

HOMOEOPATHY WELLNESS: Feel Well Live The Adventure. Pauline Dawber RSHom. registered Homoeopath. Contact, enquires and consultation times: **homoeopathpauline@gmail.com**. Facebook page....**Homoeopathy Wellness**

OSTEOPATHY IN THE TEIGN VALLEY: safe and effective treatment for back pain, neck and shoulder problems and headaches. Cranial osteopathy is particularly suitable for the treatment of babies and children. Fully Registered Osteopath available. Call Paul Thompson on **01647 252885** or **07974 103261**.

YOGA CLASSES : Teign Valley Hall. Monday 7pm to 8.30pm. Informal classes to include posture work, breathing and relaxation techniques. These classes are suitable for everyone and beginners are very welcome. To reserve a place please contact the tutor, Jan Williamson on **01626 853236** or email **yogajanw@hotmail.com**

YIN YOGA: Calming, deeply restorative and meditative yoga postures, appropriately supported with props and conscious breathing. Designed to relieve fatigue and stress, restorative yin yoga releases the body's own innate healing wisdom and brings our mental, psychological and emotional bodies into balance. The yin approach to yoga is conscious relaxation with awareness: a gateway to mindfulness. **Thursday 7.00-8.30pm at The Mill, Christow.** For information please email me at **abi@abihiggins.co.uk** or phone **01647 252174**

COUNSELLOR & CREATIVE CBT THERAPIST. A confidential and individual therapy. Face to face, online sessions. Qualified and Insured. Please contact : **traceytherapy36@gmail.com** - :fb page Therapy 4 Balanced mind. Tel - **01647 253327**. (Tracey).

STEFACISE is Keep Fit to music focusing on strengthening and maintaining muscles and joints, emphasising the importance of our core, posture and balance. Stef is a qualified instructor. who wants exercise to be non competitive, low impact, high energy but definitely full of fun. **Bridford Village Hall Tuesday 10am-11am; Longdown Village Hall Wednesday 10am-11am.** Contact Stephanie Hall Mobile: **07709 346428** - Email: **bendinghall@gmail.com**

BEAUTY BY HELEN: Sit back and relax. I'll come to you! Beauty treatments in the comfort of your own home. Manicures, Pedicures, Waxing, Tinting, Facials and Massage. NEW Gelish! Gel nail polish that lasts for up to 21 days. Gift vouchers available. Tel: **01647 253606 Mob:07733 118433**

PILATES at TVCH: Wednesdays in the Bowden Room: **7pm - 8.00pm**. Pilates will strengthen core muscles, increase flexibility, co-ordination, and establish correct alignment and placement. For more information please ring Abi on **252174**. Abi is a fully qualified Stott Pilates and REP's level 3 instructor.

BED & BREAKFAST AND HOLIDAY HOMES

A BEAUTIFULLY APPOINTED 2 BEDROOMED HOLIDAY APARTMENT with sea views for rent in the west of Ireland. Located in the picturesque village of **Kinvara** on the southern shores of Galway Bay, the apartment offers a quiet and peaceful base for exploring the Burren and the Wild Atlantic way and also a wonderful opportunity to get away and unwind, or as a base to explore the wonders of Ireland. Ideal for walkers, bird watchers and botanists. The vibrant city of Galway is 18 miles away and is the European Capital of Culture for 2020. The village itself has a lively traditional music scene and several pubs and eateries. For further details contact Kieran and Judy on **01647 253111** or email at **kinvara.curlews@gmail.com**

HYNER FARM BED & BREAKFAST Friendly comfortable AA 4 star rated accommodation. Convenient to local amenities & pubs. Bedrooms en-suite with hospitality trays, TV, & central heating.. Includes full English breakfast Tel **01647 252923** or email **preston916@btinternet.com**. Web site **www.hynerfarm-bandb-devon.co.uk**

GREEN DOOR COTTAGES - family-owned self-catering cottages and holiday apartments (with sea views) located on the dramatic North Cornish coast, in the secluded cove of Port Gaverne. Stunning walks from your door - we are on the SW Coast path and a short stroll from Port Isaac. Perfectly positioned close to a classic Cornish inn, just steps from the beach. Short Breaks. Dogs welcome. **www.greendoorcottages.co.uk** Tel: **01326 567838**.

HOLIDAY ANNEXE AVAILABLE near Kennick reservoir, ideal retreat for couples. Beautiful quiet surroundings and furnished to a high standard. Breakfast basket provided **www.kennickbarn.com 01647 252761**

HOLIDAY HOME TO LET: Competa Andulusia. Traditional house in white-washed mountain village in the South of Spain. Splendid walking, friendly relaxed atmosphere, good food. 10 (long) miles from the coast. Rent from **£200.00** to **£290.00** per week. Tel: **01647 252888** Mobile **07740 288813**.

ANIMALS & FISHING:

DARTMOOR DOGS PET SERVICES – Day care for dogs. Home boarding. Dog walker. Pet sitter for cats/small animals. Canine first aid trained. Insured and licensed with Teignbridge DC. Contact Karen Tristram on **07508 676487** or **01626 854095** or see our website and Facebook page.

HELEN'S HOUSE AND HOUND SITTING : I stay in the clients home with their pets while they are away, treat them like they are my own, follow the same routine walking and feeding as they are used to and also do anything else that the client would like me to do while they are away. Fully insured and DBS checked, testimonials from all my clients can be provided. I don't only care for dogs. Contact Helen Haywood on **07528959287** or see my Facebook page.

THE DOG HOUSE, home dog boarding for sociable, neutered dogs, 2 walks daily, Dogs stay in lovely big kitchen/utility, cosy wood burner, secure garden. established 8 years, excellent rates & reviews. Look me up on www.findpetboarding.com Contact Alison **07502 154186** or alisonstrachan64@gmail.com

PET SUPPLIES AND ANIMAL FEEDS. Hay and Straw, Feed for Pets, Poultry, Horses and Wild Birds. Bedding. We can quote for and obtain almost anything your Animals require. Easy Parking, Competitive Prices, Free Local Deliveries (over £20)
TEIGN VALLEY NURSERY EX6 7LB 01647252654 - teignursery@gmail.com.

CAR PROBLEMS and SERVICES:

MAN WITH A VAN. Call Toby on **01647 252258 mobile 07483 802100**

VENN PARK GARAGE.: Don't get caught out this winter! Get your winter tyres from Venn Park Garage. Please telephone **252378.**

CHRISTOW CARS: Your local taxi service - lady driver available. We have three six-seater vehicles and cover local and longer distance trips; train stations, Exeter and Bristol Airports, wedding venues, hospital, pub and restaurant pick-ups. Payment can be made by cash, cheque or BACs, so please phone **01647 252227** or email christowcars@yahoo.co.uk to book or make an enquiry.

EXE CARS TAXIS: Exeter's Premier Taxi Company! 4, 6 & 8 Seater Vehicles Available 24/7. Airport, Seaport, Bus & Rail Station Transfer Specialists. Call Us On: **(01392) 55 55 55.** Visit Us At: www.exetercars.com

OTHER SERVICES :

CLEANING SERVICES - MRS MOP - your local, friendly domestic cleaner throughout the Teign Valley. Full public liability insurance. All cleaning jobs considered. Please contact me on **01647 252324** to discuss your cleaning needs or find my page on Facebook - Mrs Mop @Teign Valley. Hourly rate of £12.50. Let Mrs Mop put the sparkle back into your home!

TUITION. English and Maths to year 6 and entrance exam level. Situated near Kennick reservoir. Contact Hibby Woods **07974216556**

BESPOKE DRESSMAKER AND SPECIALIST ALTERATIONS, commissions, repairs and garment replication. Based in Moretonhampstead. Former dressmaker to royalty and over 30 years in the textile industry. Please contact **Maggi Rowell** Mobil **07776186725:** Landline **01647 440088:** email maggi.rowell@gmail.com

GROUNDWORKS: All aspects of digger work covered. Experienced in: driveways, footings, ground clearance and sewage treatment plant installations. Fully qualified and insured to use 3 different sized machines and dumper. Call Will for a free quote on **07918868084** or email will@robsonplantservices.co.uk

FURNITURE REPAIR AND RESTORATION. Antique and modern furniture, giltwood decorative items, mirror and picture frames. For honest and reliable service contact **Nik Finch - Christow - 07423 662504 fincrestoration@hotmail.com**

SPECIALISING IN NEW, OLD AND HISTORIC BUILDINGS, Specialising in new, old and historic buildings, for work or for your home.**www.TomFosterArchitecture.co.uk.** Expert in EcoBuilding, 'Passive House'. Planning Permission, Building Regs, build-contract admin; or just some can-do advice. Ring **01647 24436** to bring your vision closer.

ARCHITECTS. Professional and friendly local RIBA practice offering architectural services. We specialise in creating beautiful homes, extensions and working with listed buildings. Call Harris McMillan Architects for a free initial consultation **01392 459777**. See our work at **www.hmad.co.uk**

ENGLISH, MATHS AND SCIENCE TUTORING IN THE TEIGN VALLEY Highly experienced. Also 11+, Common Entrance and Verbal Reasoning. Please contact Ben and Libby Leach on **01647 253464** or at **Leachben@hotmail.com**

BUTLERMAIDS: Bespoke domestic cleaning and services. A friendly and efficient range of services by an experienced and conscientious team you can trust. Available daily, weekly, monthly or as a one off. Rates start at £13 per hour inclusive of cleaning materials (minimum 2 hours). For further details call Khamaal on **01647 252380**

EXTERIOR CLEANING - all areas of your home and business cleaned, Roof cleaning, Gutter cleaning/clearing. Paintwork and Render cleaning. Patio, Driveway and Decking cleaning and sealing. Fully qualified and insured call **01392 345804** to arrange a no-obligation free quote. **www.ehoutdoorcleaning.co.uk/**

WROUGHT IRON WORK: Weathervanes, gates/railings, fireguards, hinges, door furniture and other commissions, plus restorations of original items. Tony Chadwick **www.penn-farm.co.uk: Tel: 01647 253012**

COMPUTER ASSISTANCE: Do you need help with email, documents, spreadsheets, presentations, etc? Want to make your pc work better? Need some advice? Perhaps I can help. Contact Dudley in Dunchideock on **01392 833353**

FRIENDLY AND PROFESSIONAL DRESSMAKING SERVICE. All types of dressmaking work undertaken including bridal, made-to-measure, general alterations and repairs. No job too small. Vanessa also offers one-to-one sewing tuition and local sewing classes. Contact Vanessa on **07933098424** or email **devondressmaker@gmail.com**

AJ ORME PLANT HIRE LTD: GROUNDWORKS, LANDSCAPING AND OPERATED DIGGER HIRE. CPCS Qualified. Advice and full service available for Footings, Driveways, Site Clearance and all forms of Trenchwork. Please enquire; **01647 253521 / 07968 976417 Email: office@ajorme.co.uk.**

AJ ORME PLANT HIRE LTD: SELF-DRIVE DIGGER, DUMPER AND SMALL TOOL HIRE. Variety of Machines and Compaction, Cutting and Breaking tools available. Competitive rates. Topsoil also available. Please enquire; **01647 253521 / 07968 976417 Email: office@ajorme.co.uk.**

LOCAL I.T. ENGINEER based in the Teign Valley providing a range of computer software and hardware repairs; virus removal; networking setup; home/office solutions. 17 years experience supporting home users and businesses. Evening/weekend visits available. Please call Karl on **01647 478120** or email **contact@moorcomp.co.uk**

BABIES AND CHILDREN

BABYSITTER AVAILABLE mid-week and weekends. Responsible and experienced, references available. Based in Christow. I am 16 years of age and have experience with children between the ages of 9 months and 12 years. £5 per hour. Please contact Verity if interested. **07484 207482** or **01647 253309.**

CHILDMINDER: I am a qualified teacher offering a flexible and reliable childminding service in my well-equipped home. Vacancies available for home from home childcare in a fun and caring environment. Local pre school and school drop offs/ pick ups catered for. Please call Jo Hamilton-Cox for further details **01647 61140**

TEIGN VALLEY BREASTFEEDING SUPPORT GROUP : runs every Thursday morning from 10.30-12.30 in the Teign Valley Community Hall, Christow , for Mums and babes and Mums-to-be. Come along for tea and cake, support, information, help and to meet others. £1 towards tea and cake. Drop in or for more info call Sally Breastfeeding Counsellor **07973 928007.** Facebook page **Teign Valley Breastfeeding Support and Social Group.**

DIDDI DODDI'S BABY & TODDLER GROUP: Doddiscombsleigh Pre-School run a small, friendly, baby & toddler group in the school hall every **Tuesday 9am-10.30am** during term time. Sing & Play visit from Pre-School on the first Tuesday of every month. £2 per visit, first visit **FREE!** Pre-School number **01647 253695** - **email: preschool@doddi.devon.sch.uk** **www.doddi.devon.sch.uk**